



# Mt Maria College

Strong Mind – Compassionate Heart

## 2026 Sport Handbook



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Mt Maria College Mitchelton (2025)*

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## Sport at Mt Maria College

At Mt Maria College, sport is more than just physical activity—it's a vital part of our students' holistic development. Our Sport Program is designed to offer a wide range of opportunities that foster personal growth, community spirit, and lifelong skills.

We recognise and value the importance of sport in shaping character and building resilience. Whether students are participating in interhouse competitions or representing the College at regional and national levels, our emphasis remains firmly on:

- **Sportsmanship** – Respecting others, playing fair, and showing humility in both victory and defeat.
- **Teamwork** – Collaborating effectively, supporting peers, and contributing to a shared goal.
- **Commitment** – Showing dedication through consistent effort and participation.
- **Strong Work Ethic** – Striving for excellence and embracing challenges with determination.

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## Tiered Structure of the Sport Program

To ensure every student has access to sport at a level that suits their interests and abilities, Mt Maria College operates a **three-tier model**:

### Tier 1: College-Based Competitions

- **SECA Season 1 & Season 2**
- **SECA Gala Days**
- **Interhouse Swimming, Cross Country, Athletics**

These events form the foundation of our sport culture, encouraging broad participation and school spirit.

### Tier 2: Representative Pathways

- **SECA Swimming, Cross Country, Athletics**
- **Mt Maria College Representative Sports**

Tier 2 events are the pinnacle of our College Sporting Program – a focus on sporting excellence and achievement.

### Tier 3: External Pathways

- **District – North District Trials**
- **Regional – Met North Trials**
- **State – School States**
- **National – School Nationals**

This tier provides elite athletes with the opportunity to compete at higher levels, showcasing their talents beyond the College and contributing to broader sporting communities.

## Assessment Special Provisions & Sport

Mt Maria College tier 1, 2, and 3 sporting opportunities may often fall on the same day as a scheduled assignment due date or an examination date. It is the student's responsibility to ensure they are up to date with relevant assessment and schoolwork prior to the commencement of a sporting competition. The College reserves the right to remove students from sporting opportunities who have not met academic expectations both with classwork and assessment. Where there are clashes between a sporting event and an assessment due date, the tiering sport system is utilised to assess the provision:

**Tier 1 Sports** Special provisions may not be accepted; students will likely be required to complete assessment as scheduled.

**Tier 2 Sports** Special provisions will be handled on a case-by-case basis. Clashes with scheduled examinations will be reviewed upon submission of application, with the school unlikely to approve a change in examination date.

**Tier 3 Sports** Special provision applications will be approved upon review.

Please note:

- students are responsible for submitting a special provision document in a timely manner prior to the assessment date.
- the College will follow non-submission academic procedures in the event where a student fails to produce a special provision prior to the assessment and representative sport date.



## 1. Interhouse Sporting Program: Building Spirit Through Sport

At Mt Maria College, sport is more than just competition—it's a celebration of community, participation, and personal achievement. Our **Interhouse Sporting Program** is a cornerstone of College life, offering students the chance to engage in spirited competition, represent their House, and strive for personal excellence.

### Swimming Carnival

The year kicks off with the **Interhouse Swimming Carnival** at Lawnton Aquatic Centre. Students travel by bus and dive into a day of excitement, choosing between competitive 50m events and non-competitive participation races. Competitive swimmers earn points toward **Age Champion** titles and may be selected for the **SECA Swimming Team**.

#### Events Include:

- **Competitive/SECA Events:** 50m Butterfly, Backstroke, Breaststroke, Freestyle, House Relays
- **Participation Events:** 3x 50m swims, House War Cry

**Calendar Date:** *Mid Term 1*



### Cross Country Carnival

Held at **Teralba Park**, the **Cross Country Carnival** challenges students across age-based distances. Whether you're racing for the Age Champion title or cheering on your peers, this event fosters endurance and team spirit.

#### Distances by Age:

- **Boys & Girls 12–14 yrs:** 3km
- **Boys & Girls 15–17+ yrs:** 4km

**Extras:** House War Cry, Novelty Events

**Calendar Date:** *Early Term 2*



## Athletics Carnival

The final carnival of the year takes place on the College playing fields. Students compete in a wide range of **track and field events**, with some other events—like **Discus, High Jump, 800m, and 1500m**—held in the lead-up to the main day. Participation in competitive events is essential for Age Champion eligibility and SECA team selection.

### Events Include:

- **Track:** 100m, 200m, 400m, 800m, 1500m, 4x100m Relays
- **Field:** Shotput, Discus, Javelin, Long Jump, High Jump
- **Other:** House War Cry, Challenge Activities

**Calendar Date:** *Late Term 2*



## Champion House & Age Champion

Participation is key! Students earn points for their House and themselves through competitive events. These points determine the **Champion House** and individual **Age Champions**. Absence from age championship events disqualifies students from Age Champion consideration, so attendance and engagement are vital.

The Interhouse Sporting Program is a vibrant expression of College spirit, encouraging every student to get involved, challenge themselves, and support their peers. Whether you're racing for gold or cheering from the sidelines, your presence makes a difference.



## 2. SECA Sport – Participation and Excellence

Mt Maria College is a proud member of the Southeast Colleges Association (SECA), competing against various North and South Brisbane Catholic Secondary Colleges. Students participate in the 'Big 3' Carnivals, Gala Days, and Seasonal Sporting activities, all conducted during school hours. This scheduling allows students to engage in other School Representative (tier 2 and 3) sporting opportunities or external club sports on weekends. Training commitments for these events, if offered, are generally scheduled before or after school.

| North SECA Schools                                                                                                                                                   |                                                                                                                                                                                                                                | South SECA Schools                                                                                                                                                                                                                                                              |                                       |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|
| Holy Spirit College<br>Mt Maria College (Mitchelton)<br>Mt Maria College (Petrie)<br>Southern Cross Catholic College<br>St Benedict's College<br>St Eugene's College |                                                                                                                                                                                                                                | Carmel College<br>Clairvaux Mackillop College<br>Chisholm Catholic College<br>Emmaus College<br>McAuley College<br>San Damiano College<br>St Augustine's College<br>St Thomas More College (Sunnybank)                                                                          |                                       |
| Term 1                                                                                                                                                               | Term 2                                                                                                                                                                                                                         | Term 3                                                                                                                                                                                                                                                                          | Term 4                                |
| <b>CARNIVAL</b><br>SECA Swimming<br><br><b>SECA Gala Day</b><br><i>Cricket</i>                                                                                       | <b>CARNIVAL</b><br>SECA Cross Country<br><br><b>Season 1</b><br><i>Netball</i><br><i>Rugby League</i><br><i>OzTag</i><br><i>Volleyball</i><br><i>5-a-side Soccer</i><br><i>TheatreSports</i><br><i>Chess</i><br><i>eSports</i> | <b>CARNIVAL</b><br>SECA Athletics<br><br><b>Season 2</b><br><i>Rugby 7s</i><br><i>Netball</i><br><i>Basketball</i><br><i>Touch Football</i><br><i>11-a-side Soccer</i><br><i>TheatreSports</i><br><i>Chess</i><br><i>eSports</i><br><br><b>SECA Gala Day</b><br><i>Rugby 7s</i> | <b>SECA Gala Day</b><br><i>AFL 9s</i> |



SECA Carnivals – North & South Competition



SECA Gala Days – North & South Competition



SECA Season 1 & 2 + Gala Days – North ONLY Competition

**2026 SECA Sport Dates**

| Term 1                    |                                             |
|---------------------------|---------------------------------------------|
| 5 <sup>th</sup> March     | SECA Cricket Gala Day (Boys Heats)          |
| 12 <sup>th</sup> March    | SECA Cricket Gala Day (Girls + Boys Finals) |
| 1 <sup>st</sup> April     | SECA Swimming Carnival                      |
| Term 2                    |                                             |
| 28 <sup>th</sup> April    | SECA Season 1 – Round 1                     |
| 5 <sup>th</sup> May       | SECA Season 1 – Round 2                     |
| 12 <sup>th</sup> May      | SECA Season 1 – Round 3                     |
| 19 <sup>th</sup> May      | SECA Season 1 – Back-up Day                 |
| 3 <sup>rd</sup> June      | SECA Cross Country Carnival                 |
| Term 3                    |                                             |
| 21 <sup>st</sup> July     | SECA Season 2 – Round 1                     |
| 28 <sup>th</sup> July     | SECA Season 2 – Round 2                     |
| 4 <sup>th</sup> August    | SECA Season 2 – Round 3                     |
| 11 <sup>th</sup> August   | SECA Season 2 – Back-up Day                 |
| 19 <sup>th</sup> August   | SECA Athletics Carnival                     |
| 2 <sup>nd</sup> September | SECA Rugby 7s Gala Day 1                    |
| 3 <sup>rd</sup> September | SECA Rugby 7s Gala Day 2                    |
| Term 4                    |                                             |
| 28 <sup>th</sup> October  | SECA AFL Gala Day                           |

Note: All dates are subject to change



## SECA Carnivals

The **SECA Carnivals** are significant sporting events held at our College. These prestigious interschool events showcase the strength, spirit, and skill of our students across three major disciplines: **Swimming**, **Cross Country**, and **Athletics**. Participation in these carnivals is not only a mark of individual excellence but also a proud moment of team representation at the highest level against North and South SECA Schools.

### Team and Individual Recognition

SECA Carnivals are **team-based competitions**, where schools accumulate points from all participants across all events. The school with the highest total points is crowned the overall winner. In addition to team accolades, **individual honours** are awarded:

- **Age Champion:** Determined by the highest individual points scored in each age group.
- **Age Group School Champion:** Awarded to the school with the most points in a specific age and gender division.

### Swimming Carnival

Held annually at the **Chandler Aquatic Centre**, the Swimming Carnival features:

- **Individual Events:** 50m Butterfly, Backstroke, Breaststroke, and Freestyle.
- **Team Events:** Age group 4x50m relays.

Eligibility for the SECA Swimming team is based on performance in **age champion and competitive events** at the College's Interhouse Swimming Carnival.

### Cross Country Carnival

Hosted at **Teralba Park, Mitchelton**, this event challenges endurance and determination:

- **12–13 Years (Boys & Girls):** 3km
- **14–15 Years (Boys & Girls), 16–17+ Years (Girls):** 4km
- **16–17+ Years (Boys):** 6km

Selection for the SECA Cross Country team is based on results from the Interhouse Cross Country Carnival.

### Athletics Carnival

Held at the **Queensland State Athletic Centre**, this carnival showcases speed, strength, and agility:

- **Track Events:** 100m, 200m, 400m, 800m, 1500m, 4x100m Relays
- **Field Events:** Shotput, Discus, Javelin, Long Jump, High Jump

Students qualify for the SECA Athletics team through competitive performance at the Interhouse Athletics Carnival.



Participation in SECA Carnivals is a testament to a student's commitment, talent, and school pride. These events not only foster athletic development but also build camaraderie and a strong sense of community spirit.



## SECA Gala Days

The SECA Gala Days are a highlight of the interschool sporting calendar, offering students a prestigious platform to showcase their athletic talents against SECA North and South schools. These events are fiercely competitive, with team selections determined through rigorous trial processes. In most cases, only one team per event is permitted, underscoring the elite nature of participation and the honour of representing Mt Maria College.

### Cricket

Held as a two-day carnival in **Term 1**, the SECA cricket competition currently follows the **outdoor format**. Students earn their place through dedicated training sessions, culminating in selection to represent the college. Mt Maria's **senior girls cricket team** has become a symbol of excellence, having **won every year since the inception of the girls division**. This event is a golden opportunity for aspiring cricketers to contribute to the college's legacy of success.



### Rugby 7s

A crowd favourite and a **Mt Maria sporting highlight**, Rugby 7s is where the college truly shines. Mt Maria boasts the **largest rugby program in the SECA system**, and this dominance is evident across the two-day event. Day one features the boys, followed by the girls on day two, as students take to the field in this **fast-paced, athletic version of rugby union**. Success in Rugby 7s demands **agility, speed, and strength**, and Mt Maria's athletes consistently rise to the challenge.

### AFL

The AFL Gala Day rounds out the year in **Term 4**, drawing in students eager to earn selection for the SECA AFL teams. The event features **junior and intermediate divisions** for both boys and girls, played in a **9-a-side format**. It's a day where the best athletes converge, and Mt Maria students consistently demonstrate their prowess and passion for the game.

Participation in SECA Gala Days is more than just sport—it's about **teamwork, school pride, and personal growth**. These events foster a competitive spirit and provide a stage for students to challenge themselves and celebrate their achievements.



## SECA Seasons

The SECA Season offers students a dynamic opportunity to engage in competitive and recreational activities across two terms:

- Season 1: 3 full days of competition in Term 2
- Season 2: 3 full days of competition in Term 3

## SECA Sports

For students with a competitive edge, a wide variety of sports are available across both seasons. These have previously included (but are not limited to):

- |                  |                 |
|------------------|-----------------|
| • Netball        | • Volleyball    |
| • Rugby League   | • Soccer        |
| • Rugby 7s       | • TheatreSports |
| • OzTag          | • Chess         |
| • Touch Football | • eSports       |
| • Basketball     |                 |

Training for SECA season sport offerings is minimal, allowing students to participate without compromising their external club commitments. This flexibility ensures students can maintain their broader sporting involvement while still representing the school.

### SECA Day Schedule

- Tutor Group: 8:25 AM – 8:40 AM
- Bus Departs MMC: 8:45 AM
- SECA Games: 10:00 AM – 2:00 PM
- Bus Returns to MMC: 3:00 PM



## Non-SECA Alternatives

For students who prefer non-sport options, a diverse range of activities is offered either on campus or offsite. These have previously included:

- |                   |                        |
|-------------------|------------------------|
| • Fishing         | • Just Dance           |
| • Rock Climbing   | • Wellbeing Sessions   |
| • Lawn Bowls      | • Service and Outreach |
| • Ten Pin Bowling | • Puzzle League        |
| • Walking         | • Construction         |
| • Art             | • Study                |

These experiences are designed to foster participation, teamwork, social skills, and personal growth, contributing to a holistic education.



### 3. Representative Sport

Mt Maria College offers an extensive **Tier 2 Representative Sport Program** for students seeking opportunities beyond our core SECA sporting program. This initiative allows students to trial for and potentially represent the College in a variety of sports against schools across Queensland. Note: offerings each year may change – increase or decrease – dependent upon our coaching and administrative capacity.

#### Sports Offered (subject to change)



Historically, the Tier 2 program has included:

- AFL
- Basketball
- Futsal / Football
- Hockey
- Netball
- OzTag
- Rugby 7s
- Rugby League
- Touch Football
- Volleyball

#### Note:

- Sports offered may vary depending on coaching availability, student interest, calendar conflicts, and competition structures.
- Competitions may be added or removed based on timelines, capacity, and demand.
- Most sports do not follow fixed seasons; competition dates may vary by age and gender divisions.
- This is a performance-based program. Playing time is determined by the coach and may differ between players.

#### Costs

All Tier 2 sports involve additional costs. Estimated costs are listed throughout the handbook, however are subject to change if outgoing expenses change. The final costs will be shared prior to team trials on the trial notice. Costs will be broken into Participation Fee's and Uniform fees, if applicable.

#### Trials & Team Selection Process

- Trial details will be communicated via morning notices leading up to selection events.
- Selection is based solely on trial performance, with some previous experience also considered in making selections.
- Mt Maria College may adjust selection criteria in special circumstances.
- Where there are not enough players at a trial to select a team, players will be considered for an Open age groups team (where appropriate) or the team will be removed.
- Participation may be restricted for students who do not meet the College's behavioural expectations or breach the Sport Code of Conduct.
- Students selected for representative teams must maintain excellent attendance, behaviour, and academic performance. Failure to meet these standards may result in withdrawal from Tier 2 sport.
- A reminder if a student is not selected in a Representative Sport team following a trial, SECA Sport remains our main program at the College and students can participate in this program.

### Training

- Training schedules are set by the coach, with strong consideration of facility usage and clashes with other sports
- Students are expected to attend all sessions; failure to do so may result in removal from the team.
- Students are expected to make training attendance their top priority
- Students are expected to notify coaching staff in advance whereby they are unable to attend a training session
- Students are expected to wear appropriate uniform/clothing attire for the activity. Students must not wear their formal uniform at a training session

### Transport – Representative Sport Offerings

For events held after school hours or outside and/or outside of the Brisbane Region (such as the Gold Coast or Sunshine Coast), transportation is mostly NOT provided and is at the responsibility of the parent/carer, unless otherwise advertised. Where the College has the capacity to provide transportation, additional costs apply.

### Coaches and Volunteers

The Representative Sport program is largely supported by volunteer staff employed full time in other areas of the College (e.g. fulltime teaching staff). Please be aware that staff are all volunteering their time outside of their professional duties, to provide additional opportunities to students in this space. As a result, the offerings each year may change – increase or decrease – dependent upon our coaching and administrative capacity. We welcome and support parents/carers/friends of students wishing to take on coaching roles to strengthen our capacity.

### Representative Sport Uniform Expectations

All students participating in Tier 2 Representative Sport are required to follow the College's uniform guidelines as outlined in the Student Handbook and Daily Planner.

Tier 2 sporting uniforms—including hoodies, jerseys, socks, and other items—may only be worn when students are actively representing Mt Maria College at their designated sporting event.

### Important Notes:

- Wearing representative sport uniforms outside of official events is not permitted.
- Students who do not comply with the College's uniform policy will have their representative sport items confiscated.
- Breaches will be addressed in accordance with Mt Maria College's procedures for incorrect uniform



## AFL

### AFLQ Schools Cup

Schools Cup is a progressive event – teams will compete locally and, if successful, progress to the next Gala Day.



| Divisions                  | Dates                     | Location                |
|----------------------------|---------------------------|-------------------------|
| Grade 7/8 Boys and Girls   | 1 <sup>st</sup> Gala Day: | Regional Gala Day:      |
| Grade 9/10 Boys and Girls  | Term 2                    | Everton Wolves AFL Club |
| Grade 11/12 Boys and Girls |                           |                         |

Participation Costs (Approx): TBC – dependent upon outgoing costs of the program

Uniform: If selected in a team, students are required to purchase appropriate Rugby/AFL playing shorts from the uniform shop to compete, with a playing Jersey provided on loan for the event (must be returned)

Transport: included in participation fee.

Trials: To be held Term 1 – information will be posted on the student notices.

### SECA AFL 9s

SECA AFL 9s is a 9-a-side Gala Day as part of our SECA Sporting Program. Students will compete against students from Schools both North and South of Brisbane in highly competitive fixtures.

| Divisions                 | Dates          | Location                          |
|---------------------------|----------------|-----------------------------------|
| Grade 7/8 Boys and Girls  | Term 4: Week 4 | Mt Maria College Playing Fields & |
| Grade 9-11 Boys and Girls |                | Everton Wolves AFL Club           |



Costs: N/A – participation included in School Fee's as a SECA Sporting event.

Transport – transportation is provided.

Uniform: If selected in a team, students are required to purchase appropriate Rugby/AFL playing shorts from the uniform shop to compete, with a playing Jersey provided on loan for the event (must be returned)

Trials: To be held later Term 3/early Term 4 – information will be posted on the student notices.

### Trial Fixtures

Other possible opportunities: Mt Maria's coaching team may schedule additional fixtures VS local schools outside of this (*Costs may apply*)

***All Representative Sport offerings and information is subject to change. For additional information on team selection processes and costs, please refer to page 14 of the Sport Handbook.***

## Basketball

### **Brisbane Outer Schools League (BOSL)**

Brisbane Outer Schools League competition is a weekly after school event – students participate in one game per week against schools from across North Brisbane.



| Divisions                   | Dates            | Location (TBC)                                                   |
|-----------------------------|------------------|------------------------------------------------------------------|
| Grade 7/8 Boys and Girls*   | Term 1 – Day TBC | Southpine Indoor Sports Centre                                   |
| Grade 9/10 Boys and Girls*  | Term 2 – Day TBC | Zillmere Indoor Sports Centre                                    |
| Grade 11/12 Boys and Girls* | Term 3 – Day TBC | Boondall Indoor Sports Centre<br>The Lakes College Sports Centre |

\* Historically, the College has been unable to support the inclusion of the Girls team in this tournament as a result of low player interest and limited coaching capacity.

Costs (Approx):

- Participation: \$150
- Uniform (if required): \$100

Transport: parents/carers responsible for the transportation of their student to and from the playing venue.

Trials: To be held early Term 1 – information will be posted on the student notices.

### **CBSQ – Wildcard & Shield Tournament**

The Wildcard and Shield tournaments are progressive tournaments towards the CBSQ Championships. As part of the promotion and relegation system in place for CBSQ, teams must progress through the wildcard and then Shield competitions to get into Division 5 of the State Carnival.

| Divisions        | Dates                                          | Location (TBC) |
|------------------|------------------------------------------------|----------------|
| Grade 11/12 Boys | Wildcard: Term 2 - TBC<br>Shield: Term 3 - TBC | Venue TBC      |

Costs (Approx):

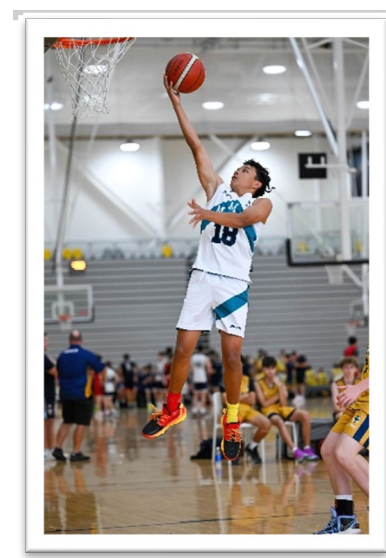
- Wildcard: \$80
- Shield: TBC

Transport:

- Wildcard tournament – transport provided
- Shield tournament - TBC

Trials:

- BOSL team selection trials will determine CBSQ teams





### **CBSQ – Champion Basketball Schools Queensland**

CBSQ is a divisional 4-day state Carnival for Schools from across QLD, held annually on the Gold Coast. With promotion and relegation between divisions at stake, teams take to the court to represent their school!

| <b>Divisions</b>  | <b>Dates</b>   | <b>Location</b>                 |
|-------------------|----------------|---------------------------------|
| Grade 7/8 Boys    | Term 4 Week 4  | Coomera Indoor Sport Centre OR  |
| Grade 9/10 Boys   | Term 4 Week 2  | Runaway Bay Indoor Sport Centre |
| Grade 11/12 Boys+ | Term 3 Week 10 |                                 |

+ Pending success at the Wildcard and Shield tournaments.

Costs (Approx):

- Participation: \$180
- Uniform (if required): \$100

Transport: parents/carers responsible for the transportation of their student to and from the playing venue.

Trials:

- Year 7/8 – Trials will be held in Term 3 for this team – information will be posted on the student notices.
- Year 9/10 & Year 11/12 – BOSL team selection trials will determine CBSQ teams



***All Representative Sport offerings and information is subject to change. For additional information on team selection processes and costs, please refer to page 14 of the Sport Handbook.***

## Cricket

### SECA Cricket

SECA Cricket is an outdoor 11-a-side Gala Day as part of our SECA Sporting Program. Students will compete against students from Schools both North and South of Brisbane in highly competitive fixtures. Both Boys divisions will compete across the two days, while the Open Girls division will take to the pitch on Day 2 only.

| Divisions        | Dates         | Location                |
|------------------|---------------|-------------------------|
| Grade 7-9 Boys   | Day 1: Week 6 | Kianawah Park, Tingalpa |
| Grade 10-12 Boys | Day 2: Week 7 |                         |
| Open Girls       |               |                         |

Costs: N/A – participation included in School Fee's as a SECA Sporting event.

Transport: included in participation fee.

Trials: To be held early Term 1 - information will be posted on the student notices.

Uniform + Gear: Sport uniform is to be worn and playing gear is provided (shin pads, bats, helmets, etc). Students are permitted to wear their own playing whites/hat and use their own playing gear.



***All Representative Sport offerings and information is subject to change. For additional information on team selection processes and costs, please refer to page 14 of the Sport Handbook.***

## Futsal

### Brisbane Outer Schools League (BOSL)

Brisbane Outer Schools League competition is a weekly event – students participate in one game per week against schools from across North Brisbane.

| Divisions                  | Dates            | Location (One of the following)                                      |
|----------------------------|------------------|----------------------------------------------------------------------|
| Grade 7/8 Boys and Girls   | Term 1 – Day TBC | Southpine Indoor Sports Centre,                                      |
| Grade 9/10 Boys and Girls  | Term 2 – Day TBC | Zillmere Indoor Sports Centre,                                       |
| Grade 11/12 Boys and Girls | Term 2 – Day TBC | Boondall Indoor Sports Centre, OR<br>The Lakes College Sports Centre |

Costs (Approx):

- Participation: \$150
- Uniform (if required):
  - Shirt: \$40
  - Shorts: \$40

Transport: parents/carers responsible for the transportation of their student to and from the playing venue.

Trials: To be held early Term 1 team – information will be posted on the student notices.



### School Futsal Regional Championships

The FQ School Futsal Championships is Queensland's premier futsal competition, uniting secondary schools from across the state to compete at the highest level.

| Divisions           | Dates*                                  | Location                       |
|---------------------|-----------------------------------------|--------------------------------|
| U13 Boys and Girls  | Regionals: 24–26 <sup>th</sup> March    | Southpine Indoor Sports Centre |
| U15 Boys and Girls  | States: 14–16 <sup>th</sup> September   | NISSAN Arena                   |
| Open Boys and Girls | Nationals: 23–25 <sup>th</sup> November | Coomera Indoor Sports Centre   |

\* Note:

- Each age division will compete on separate dates
- Progression to the State and National event dependent upon results from previous event.

Costs (Approx):

- Participation: \$80 per event
- Uniform (if required):
  - Shirt: \$40
  - Shorts: \$40



Transport: included in participation costs.

Trials: teams to be selected from BOSL Futsal trials and pre-existing knowledge of talent within the College.

***All Representative Sport offerings and information is subject to change. For additional information on team selection processes and costs, please refer to page 14 of the Sport Handbook.***



## Football (Soccer)

### **Brisbane Outer Schools League (BOSL)**

Brisbane Outer Schools League competition is a weekly event – students participate in one game per week against schools from across North Brisbane.



| Divisions                  | Dates  | Location                   |
|----------------------------|--------|----------------------------|
| Grade 7/8 Boys and Girls   | Term 2 | TBC – Home & Away Fixtures |
| Grade 9/10 Boys and Girls  |        |                            |
| Grade 11/12 Boys and Girls |        |                            |

Costs (Approx):

- Participation: \$150 - TBC
- Uniform (if required):
  - Shirt: \$40
  - Shorts: \$40

Transport: TBC – parents/carers likely to be responsible for the transportation of their student to and from the playing venue.

Trials: To be held late Term 1 – information will be posted on the student notices

Note: this event is NEW in 2026 – further details to come.

### **Trial Fixtures**

Other possible opportunities: Mt Maria's coaching team may schedule additional fixtures VS local schools outside of the above offerings (*Costs may apply*)

***All Representative Sport offerings and information is subject to change. For additional information on team selection processes and costs, please refer to page 14 of the Sport Handbook.***





## Hockey

### **BHA Schoolboy Cup Hockey**

The BHA Schoolboy Cup is an annual competition dedicated to promoting the sport of hockey among schoolboys in Years 7 to 12. A weekly event – students participate in one game per week against schools from across Brisbane/Ipswich Region.

| Divisions  | Dates  | Location                              |
|------------|--------|---------------------------------------|
| Open Boys* | Term 3 | Burringbar Park & State Hockey Centre |

\* The Brisbane Hockey Association only runs this event for boys – there is no girls division on offer.

Costs (Approx):

- Participation: \$180
- Uniform (if required): \$100

Transport: parents/carers are responsible for the transportation of their student to and from the playing venue.

Trial Process: students will be asked to express interest Term 1. If trials are required, information will be posted on the student notices



***All Representative Sport offerings and information is subject to change. For additional information on team selection processes and costs, please refer to page 14 of the Sport Handbook.***

## Netball

Mt Maria College celebrates an extensive program on offer for students selected to represent the College in these representative teams. Mt Maria boasts a Year 7-12 Girls program; recently introducing an opportunity for our talented young Men to challenge themselves and represent the College in other areas of Sport.



Trials and Team Selection:

| Division      | Trials*     | Teams Selected           |
|---------------|-------------|--------------------------|
| Grade 9-12    | Mid Term 1  | QISSN Team<br>BOSL Teams |
| Grade 7 and 8 | Late Term 1 | BOSL Teams               |

\*Trial information will be posted on the student notices in advance.

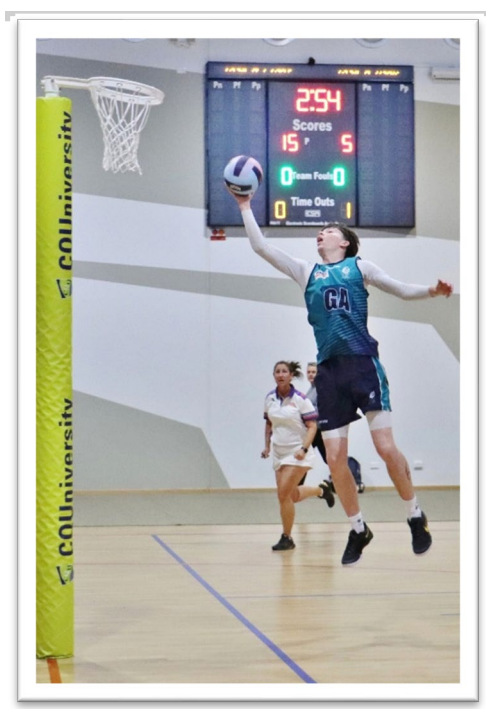
*From the players selected in the above teams, the QC Cup and Vicki Wilson Championship teams will be selected from this playing group.*

### QISSN

The Queensland Independent Secondary Schools Netball (QISSN) Tournament remains the pinnacle of our Sporting Calendar for Netball. This week-long state tournament features QLD's best Netball schools going head-to-head!

| Divisions  | Dates                                | Location*           |
|------------|--------------------------------------|---------------------|
| Open Girls | June/July Holidays                   | 2026 – NISSAN Arena |
| Open Boys  | 1 <sup>st</sup> Week – Sunday-Friday |                     |

\* The Location of a QISS Carnival is dependent upon the Host School location, changing year-to-year.



Costs (Approx):

- Travel Year: \$1000
- Non-Travel Year \$600

Note – costs are inclusive of:

- Participation costs for trial events leading up to and including QISSN (such as Super 7s, QC Cup, Vicki Wilson).
- Flights/Bus, accommodation, meals (travel years)
- Transportation to and from playing venues
- Playing and travel attire

Costs can change dependent upon a change to:

- Sponsorship agreements
- Fundraising efforts
- Outgoing costs for trial events (entry fees, bus costs, resources)

### **Brisbane Outer Schools League (BOSL)**

Brisbane Outer Schools League competition is a weekly event – students participate in one game per week against schools from across North Brisbane.

| <b>Divisions</b>                    | <b>Dates</b>               | <b>Location</b>                        |
|-------------------------------------|----------------------------|----------------------------------------|
| Grade 7/8 Girls<br>Grade 9/10 Girls | Term 3 – Monday Afternoons | Pine Rivers Netball Association (PRNA) |

Costs (Approx):

- Participation: \$150
- Uniform (if required): Dress \$70

Transport: parents/carers responsible for the transportation of their student to and from the playing venue.

### **Vicki Wilson Championships**

The Vicki Wilson Netball Championships is comprised of a Regional Gala Day and State Final Series, with the top performing teams from the Regional Gala Day (1 day) progressing to the State Finals (2 Days).

| <b>Divisions</b>              | <b>Dates</b>                                                          | <b>Location</b>                        |
|-------------------------------|-----------------------------------------------------------------------|----------------------------------------|
| Grade 7-9 Girls<br>Open Girls | Regional Championships: Tuesday 9 <sup>th</sup> June                  | Downey Park Netball Association (DPNA) |
| Open Boys                     | State Final Series: Thur 6 <sup>th</sup> – Fri 7 <sup>th</sup> August | NISSAN Arena                           |

Costs (Approx):

- Participation: \$80\*. Progression to State Championships may incur additional costs.
- Uniform (if required):
  - Dress \$70
  - Boys Shirt – training shirt included in QISSN costs

\* QISSN Teams – no participation fee; all costs included in QISSN costs.

Transport: bus provided – included in participation cost



### QC Cup Netball

The Queensland Catholic (QC) Cup Netball tournament is a one-day competition held in Brisbane. This is a divisional competition, allowing schools to enter teams across the four age groups into like-for-like playing divisions.

| Divisions                         | Dates                        | Location                                  |
|-----------------------------------|------------------------------|-------------------------------------------|
| U13, U15, Open Girls<br>Open Boys | Tuesday 9 <sup>th</sup> June | Downey Park Netball Association<br>(DPNA) |



Costs (Approx):

- Participation: \$80\*
- Uniform (if required):
  - Dress \$70
  - Boys Shirt – training shirt included in QISSN costs

\* QISSN Teams – no participation fee; all costs included in QISSN costs.

Transport: bus provided – included in participation cost

### Super 7s Netball

The Super 7s Netball tournament is a Gala Day style event – held once per term. This event provides an opportunity for schools to test their Junior, Intermediate and Open Division teams in a competitive event ahead of other local tournaments.

| Divisions                       | Dates <sup>#</sup> | Location (TBC) |
|---------------------------------|--------------------|----------------|
| Grade 7/8, 9/10, and Open Girls | Term 1 TBC         | TBC            |
| Open Boys                       | Term 2 TBC         |                |
|                                 | Term 3 TBC         |                |

# This is an additional opportunity. The College will determine which of these events, if any, teams will go to with consideration to the College Calendar and other Netball events.

Costs (Approx):

- Participation: \$80\*
- Uniform (if required):
  - Dress \$70
  - Boys Shirt – training shirt included in QISSN costs

\* QISSN Teams – no participation fee; all costs included in QISSN costs.

Transport: bus provided – included in participation cost



***All Representative Sport offerings and information is subject to change. For additional information on team selection processes and costs, please refer to page 14 of the Sport Handbook.***



## OzTag

### QLD All Schools

The QLD All Schools Tournament is a state carnival, with teams from across QLD travelling to compete.

| Divisions*               | Dates                                    | Location (TBC)                      |
|--------------------------|------------------------------------------|-------------------------------------|
| Grade 7/8 Boys & Girls   | 24 <sup>th</sup> – 26 <sup>th</sup> July | Sunshine Coast Stadium,<br>Bokarina |
| Grade 9/10 Boys & Girls  |                                          |                                     |
| Grade 11/12 Boys & Girls |                                          |                                     |

\* Selected age divisions may change dependent upon trial attendance and quality (e.g. Year 7/8 may become a Year 7-9 Division that will play in the Year 9 competition)

Costs (Approx):

- Participation: \$140.
- Uniform (if required):
  - Shirt: \$40
  - Shorts/Tights: \$50



Transport: parents/carers are responsible for the transportation of their student to and from the playing venue.

Trials: Term 1 – information will be posted on the student notices

### 3Ptag Queensland School Challenge

3Ptag is a non-contact modified Rugby League game. This fast-paced game was created for athletes wanting to apply their training into a non-contact game. 2026 will see the introduction of the 3Ptag QLD School Challenge event – a 2 Day carnival.

| Divisions*                 | Dates                                   | Location                     |
|----------------------------|-----------------------------------------|------------------------------|
| Grade 9/10 Boys and Girls  | 1 <sup>st</sup> & 2 <sup>nd</sup> April | Bill Norris Oval – Beenleigh |
| Grade 11/12 Boys and Girls |                                         |                              |



Costs (Approx):

- Participation: TBC
- Uniform: TBC

Transport: bus provided – included in participation cost

Trials: Term 1 – information will be posted on the student notices.

*Note: this is new to the 2026 program – at the time in which this document has been produced, details are not yet finalised.*

***All Representative Sport offerings and information is subject to change. For additional information on team selection processes and costs, please refer to page 14 of the Sport Handbook.***

## Rugby 7s

Rugby 7s is a growing sport at the College, particularly among our young female athletes! This area of college life is proving its value, offering as a space for young women to build confidence and apply their skill to a new Sport.

Training: Rugby 7s remains inclusive of all, allowing students to train and build confidence over the course of the program. Training usually commences in Term 3, however may start earlier dependent upon student interest and additional opportunities.

Team Selection: Where we are limited by team entries and player numbers into a tournament, teams will be selected based on training performance.



### SECA Rugby 7s

Rugby 7s Gala Day is an entry level carnival and is part of our SECA Sporting Program. Students will compete against students from Schools both North and South of Brisbane in competitive fixtures.

| Divisions          | Dates                             | Location (TBC)             |
|--------------------|-----------------------------------|----------------------------|
| U14 Boys and Girls | Boys – 2 <sup>nd</sup> September  | Sunnybank Rugby Union Club |
| U16 Boys and Girls | Girls – 3 <sup>rd</sup> September |                            |
| U18 Boys and Girls |                                   |                            |

Costs: N/A – participation included in School Fee's as a SECA Sporting event.

Transport – transportation is provided.

Uniform: If selected in a team, students are required to purchase appropriate Rugby/AFL playing shorts from the uniform shop to compete, with a playing Jersey provided on loan for the event (must be returned)

### QLD All Schools

The QLD All Schools Tournament is a state carnival, with teams from across QLD travelling to compete. This is a 2-day carnival, with pool games on day 1 and cross over/placings fixtures on day 2.

| Divisions | Dates                                         | Location (TBC)          |
|-----------|-----------------------------------------------|-------------------------|
| U14 Girls | 18 <sup>th</sup> – 19 <sup>th</sup> September | Sunshine Coast Stadium, |
| U16 Girls | (TBC)                                         | Bokarina                |
| U18 Girls |                                               |                         |

Costs (Approx):

- Participation: \$120.

Uniform: If selected in a team, students are required to purchase appropriate Rugby/AFL playing shorts from the uniform shop to compete, with a playing Jersey provided on loan for the event (must be returned)

Transport: parents/carers are responsible for the transportation of their student to and from the playing venue.

*Additional playing opportunities may be added where there is interest, and we have the capacity to support. Additional fee's apply.*

***All Representative Sport offerings and information is subject to change. For additional information on team selection processes and costs, please refer to page 14 of the Sport Handbook.***

## Rugby League

Rugby League holds a great tradition at the College, with our participation in the State QISSRL Carnival extending across more than 40 years! Mt Maria has recently expanded this program, with the inclusion of Junior Boys, Open Girls, and even pushing towards fielding a Junior Girls team in more events throughout the year!

**Training + Team Selection:** Teams will be selected in the lead up to events based on training attendance and performance, and other information available to the coaching team. Further consideration will be given to a player's academic performance and behavioural history when team selection occurs.



### QISSRL

The Queensland Independent Secondary Schools Rugby League (QISSRL) Tournament, more casually referred to as the Confraternity Rugby League Carnival – remains the pinnacle of our Sporting Calendar for Rugby League. This week-long state tournament features QLD's best Rugby League schools going head-to-head!

| Divisions  | Dates                                | Location*                      |
|------------|--------------------------------------|--------------------------------|
| Open Girls | June/July Holidays                   | 2026 – Marist College Ashgrove |
| Open Boys  | 1 <sup>st</sup> Week – Sunday-Friday |                                |

\* The Location of a QISS Carnival is dependent upon the Host School location, changing year-to-year.



Costs (Approx):

- Travel Year: \$1000
- Non-Travel Year \$600

Note – costs are inclusive of:

- Participation costs for trial events leading up to and including QISSRL (such as Schoolboy Trophy, trial fixtures).
- Flights/Bus, accommodation, meals (travel years)
- Transportation to and from playing venues
- Playing and travel attire

Costs can change dependent upon a change to:

- Sponsorship agreements
- Fundraising efforts
- Outgoing costs for trial events (entry fees, bus costs, resources)

**Team Selection and Reserves:** Teams will be selected by the end of Week 9 Term 1. All other players will remain part of the training group as shadows and will be considered for selection for other game opportunities, and the QISSRL Carnival, in the event of injuries.



### Friday Night Lights

Mt Maria College is proud founders and convenors of the Friday Night Lights tournament – a competition between local schools in the North-West Corridor searching for additional League opportunities.

| Divisions                      | Dates                                           | Location                           |
|--------------------------------|-------------------------------------------------|------------------------------------|
| Grade 7/8, 9/10, and Open Boys | Various Friday Nights<br>Term 1, Term 2, Term 3 | Wests Mitchelton Rugby League Club |

Costs (Approx): Currently N/A with support of local sponsors and the Wests Mitchelton Rugby League Club (*subject to change*).

Uniform: if selected to represent the College, students are required to purchase appropriate Rugby/AFL playing shorts from the uniform shop to compete, with a playing Jersey provided on loan for the event (must be returned)

Transport: parents/carers are responsible for the transportation of their student to and from the playing venue.



### Schoolboy Trophy – Met North Region

The Schoolboy Trophy is a male competition held in Regional areas for schools with developing and growing programs. This event is a progressional competition for the Open Boys Division towards the State Final – with weekly full game fixtures in Term 2, while the Junior/Intermediate Competition remains a Gala Day.

| Divisions             | Dates                               | Location                         |
|-----------------------|-------------------------------------|----------------------------------|
| Open Boys             | Term 2 – Monday<br>Week 5 – Week 10 | Southpine Sports Complex         |
| Grade 7/8 & 9/10 Boys | Term 2 – TBC                        | Carseldine Sports Precinct (TBC) |



Costs (Approx): Participation - \$50\*

\*QISSRL Teams – no participation fee; all costs included in QISSRL costs.

Transport: bus provided – included in participation cost

Uniform: if selected to represent the College, students are required to purchase appropriate Rugby/AFL playing shorts from the uniform shop to compete, with a playing Jersey provided on loan for the event (must be returned)



### **Karen Murphy Cup**

The Karen Murphy Cup is a 9-a-side female competition held in Regional areas for schools with developing and growing programs. This event is a progressional competition for the Open Girls Division towards the State Final.

| Format   | Divisions*                                        | Dates        | Location |
|----------|---------------------------------------------------|--------------|----------|
| Gala Day | Grade 7/8 Girls<br>Grade 9/10 Girls<br>Open Girls | Term 2 – TBC | TBC      |

\* Historically Mt Maria has only fielded a team in the Open Girls division, with a hope to build further interest and participation in the Junior space.

Costs (Approx): Participation - \$50\*

\*QISSRL Teams – no participation fee; all costs included in QISSRL costs.

Transport: bus provided – included in participation cost

Uniform: if selected to represent the College, students are required to purchase appropriate Rugby/AFL playing shorts from the uniform shop to compete, with a playing Jersey provided on loan for the event (must be returned)

Transport: bus provided – included in participation cost



### **Matt Gillett Cup**

Mt Maria College proudly presents, coordinates, and hosts the annual Matt Gillett Cup Rugby League tournament – a pre-season competition, providing opportunities for schools to prepare teams for the following year and participate in a competitive event in Term 4.

| Format            | Divisions                                          | Dates           | Location                                              |
|-------------------|----------------------------------------------------|-----------------|-------------------------------------------------------|
| 2-day Competition | 12-14yrs Boys and Girls<br>15-17yrs Boys and Girls | Term 4 – Week 6 | Mt Maria College Playing Fields<br>Lade St, Gaythorne |



Costs (Approx):

- Participation Fee: \$50 (includes a training shirt for the following year!)

Uniform: if selected to represent the College, students are required to purchase appropriate Rugby/AFL playing shorts from the uniform shop to compete, with a loan playing Jersey provided for the event.

Transport: parents/carers are responsible for the transportation of their student to and from the playing venue.

*Additional playing opportunities VS other schools may be added where there is interest, and we have the capacity to support. Additional fee's apply.*

***All Representative Sport offerings and information is subject to change. For additional information on team selection processes and costs, please refer to page 14 of the Sport Handbook.***

## Touch Football

### Arana Touch Football

Arana Touch Football is a weekly competition held Wednesday evenings, targeting new and experienced players. This is a great way for students to get involved at the College.

| Divisions           | Dates (TBC)                          | Location                           |
|---------------------|--------------------------------------|------------------------------------|
| U14 Boys and Girls  | Term 1 Starting Week 3 (8-9 Weeks)   | Wests Mitchelton Rugby League Club |
| Open Boys and Girls | Term 3 Starting Week 6 (10-12 Weeks) |                                    |

Costs (Approx):

- Season 1: \$100
- Season 2: \$120
- Uniform (if required):
  - Shirt: \$40
  - Shorts: \$40

Transport: parents/carers are responsible for the transportation of their student to and from the playing venue.

Training: Training for Arana Touch may be limited to a few sessions. The focus of this event is participation and learning a new sport.

Trials/Sign on: Sign on will occur with a notice/form on student notices in the weeks leading up to the competition. Where interest exceeds our capacity, trials will be held for this competition. Students will be split into teams either by age or grade.



### Brisbane All Schools

The Brisbane All Schools Tournament is a Regional 3-day carnival, with this event used as a preliminary event ahead of the QLD All Schools State event – some fixtures may contribute to QLD All Schools results.

| Divisions          | Dates               | Location                        |
|--------------------|---------------------|---------------------------------|
| U13 Boys and Girls | Term 3 – Week TBC   | Somerfields Rocklea             |
| U15 Boys and Girls | Friday-Sunday Event | Somerville House Playing Fields |
| U18 Boys and Girls |                     |                                 |



Costs (Approx):

- Participation: \$120
- Uniform (if required):
  - Shirt: \$40
  - Shorts: \$40

Transport: parents/carers are responsible for the transportation of their student to and from the playing venue. Note: transport may be provided on the Friday; additional fee may apply.

Trials: Late Term 2 – information to be posted on the morning notices.

### QLD All Schools

The QLD All Schools Tournament is a state carnival, with teams from across QLD travelling to compete across the 5-days of competition.

| Divisions          | Dates               | Location                       |
|--------------------|---------------------|--------------------------------|
| U13 Boys and Girls | Term 4 – Week 1     | Gold Coast Performance Centre, |
| U15 Boys and Girls | Wed-Fri: Pool Games | Runaway Bay                    |
|                    | Saturday: Finals*   |                                |
| U18 Boys and Girls | Term 4 – Week 1     |                                |
|                    | Fri-Sat: Pool Games |                                |
|                    | Sunday: Finals*     |                                |

\* Progressing to finals is an incredibly difficult feat at this tournament, with the QLD All Schools event promoted as the World's Largest Touch Football competition.

Costs (Approx):

- Participation: \$120
- Uniform (if required):
  - Shirt: \$40
  - Shorts: \$40

Transport: parents/carers are responsible for the transportation of their student to and from the playing venue.

Trials: N/A – same teams as Brisbane All Schools event.



***All Representative Sport offerings and information is subject to change. For additional information on team selection processes and costs, please refer to page 14 of the Sport Handbook.***





## Volleyball

Volleyball has fast become one of the more popular sporting options at the College. With weekly training, students learn new skills and develop new relationships.

### QLD Schools Cup

The QLD Schools Cup tournament is a 3 Day tournament, held annually on the Gold Coast



| Divisions                 | Dates (Friday-Sunday) | Location                         |
|---------------------------|-----------------------|----------------------------------|
| Year 7/8 Boys and Girls   | Term 4 – Week 3       | Coomera Indoor Sports Centre     |
| Year 9/10 Boys and Girls  | Term 2 – Week 6       | Runaway Bay Indoor Sports Centre |
| Year 11/12 Boys and Girls | Term 3 – Week 4       | Carrara Indoor Sports Centre     |



#### Costs (Approx):

- Participation: \$150
- Uniform (if required):
  - Shirt: \$40
  - Shorts: \$40

Transport: parents/carers are responsible for the transportation of their student to and from the playing venue.

Trials: Trials will be held in the lead up to the event (approx. 10 weeks out), with information provided on the morning notices in advance.

***All Representative Sport offerings and information is subject to change. For additional information on team selection processes and costs, please refer to page 14 of the Sport Handbook.***





#### 4. QLD School Sport Trials – Districts/Regionals

The Queensland School Sport pathway offers students with a higher level of skill in their Sport additional opportunities to represent their school, district, region, state, and possibly even their country!

##### Progression of QSS Pathway



### North District (starting 2026!)

Beginning in 2026, **Met North School Sport** will implement a major restructure of its district sport program. This change involves the merging of several Brisbane districts to enhance the quality of trial processes and reduce the workload on individual schools. The new structure will provide a broader distribution of trial responsibilities across more schools.

#### What This Means for Parents and Students

- **More Opportunities:** Students will have increased access to district-level trials, with fewer cancellations and reduced instances of students being sent directly to Regional (Met North) trials.
- **State and Independent Combine:** Parents/students are to expect that the quality of the trial will be greater than that of the past, with students from both state and independent now coming together to compete for their place in the district team.

#### Key Changes for Mt Maria College

- From 2026, **Mt Maria College** will be part of the newly formed **North District**.
- Students must **nominate and attend their district trial** – including the major carnivals: **Swimming, Cross Country, and Athletics** – to be eligible for progression to Regional trials.
- **Important Note:** Nearby schools may now belong to different districts. Mt Maria students should not share or accept district nomination information from other schools in the **North-West Corridor** that are not members of the NORTH District (see below).
- Mt Maria College **will not be** held responsible for students who fail to register interest to the Sport office, nominate, or miss their district trial. (refer to the below nomination process).

The following schools have been grouped into the North District from 2026:

|       |                                         |
|-------|-----------------------------------------|
| North | Albany Creek SHS                        |
| North | Albany Creek State School               |
| North | Albany Hills State School               |
| North | All Saints Primary School               |
| North | Aspley State School                     |
| North | Bray Park SHS                           |
| North | Bray Park State School                  |
| North | Dayboro State School                    |
| North | Eatons Hill State School                |
| North | Everton Park SHS                        |
| North | Everton Park State School               |
| North | Holy Spirit School (Bray Park)          |
| North | McDowall State School                   |
| North | Mount Alvernia College                  |
| North | Mount Samson State School               |
| North | Mt Maria College (Mitchelton)           |
| North | Mt St Michael's College                 |
| North | Our Lady of the Assumption School       |
| North | Padua College (5-6)                     |
| North | Padua College (7-12)                    |
| North | Pine Community College                  |
| North | Prince of Peace Lutheran College (4-6)  |
| North | Prince of Peace Lutheran College (7-12) |
| North | Somerset Hills State School             |
| North | St Anthony's School (Kedron)            |
| North | Strathpine West State School            |
|       |                                         |

### Met North (Regionals)

If successful at the District level, students will represent the District at the Regional Trial for their spot on the Met North team to compete at States.

Website: <https://metnorthschoolsport.eq.edu.au/>



### QLD School States

Students who are selected in a Metropolitan North team then attend the State Championships where they can be selected to represent Queensland at National School Championships.



### Australian School Sport

Students who are selected in a Queensland team then attend the National Championships where they can be selected to represent Australia.



### Nominations

Students who are wishing to compete at a Regional or higher level, **MUST nominate for district trials**, including the big 3 carnivals (Swimming, Cross Country, and Athletics) from 2026 onwards.

In the event of successful selection in the North District team, students will progress to the Regional (Met North) trials.

#### **Nomination Process:**

1. Students to express interest to Sport Coordinator/Sport Admin at the START of the year ASAP – please refer to the student notices posted early Term 1.
2. Parents will be sent a nomination form to complete in the weeks leading into a district trial – a QR code to nominate their student directly
3. Parents will be sent all of the information & permission forms by the District officer (not the school) – it's the parents responsibility to check email (and spam) and complete the paperwork

*The school is removed from the nomination process after sending the QR Code Nomination form to those that have expressed interest. Failure to complete this form will result in the student being unable to trial.*

#### **Note:**

- **students MUST be nominated for the district trial in order to be considered for the district team.** *I.e. nominations will NOT be accepted after North District nomination dates have closed.*
- students should only consider nominating if they take part in this sport at a state level.
- a call for nominations will occur in the first several weeks of school via the student notices, during which many trials may have already taken place – students must express interest to the Sport Coordinator ASAP! Failure to express interest will result in the student not being nominated.
- **it is not the responsibility of Mt Maria staff to provide transport, uniforms, equipment, or trial information to athletes or families.**

Mt Maria College will **not be held responsible** for students who fail to register interest to the Sport office, nominate, or miss their district trial.

### Transport & Supervision – QLD School Sport Pathway

District and Regional pathways are an individual endeavour, meaning that Mt Maria College does not officially select or send students/teams to these events. As a result, parents or carers are responsible for the transportation of their student to and from the trial venue and are also responsible for the supervision of their student between games.





## Recognising Student Achievement – Social Media & Newsletters



Mt Maria College will endeavour to recognise the achievements of all students in sport, both at club and through school pathways, within our regular newsletters. It is the responsibility of individual student to inform the Sports Program Leader and Sports Program Administrative Assistant of achievements in a timely manner for this to occur. On the odd occasion, and at the discretion of the media team, specific sporting achievements may also feature on the College's Facebook and/or Instagram media pages – this is **limited to National Events only and one post per year** (subject to change at the discretion of the media team). The media team may also only select

achievements of students from within School Sporting contexts to feature. If media consent is not provided by parents or guardians, the College will refrain from recognising student achievement on these platforms in line with the media consent policies.

## Sport Awards

The College Sports Awards evening is a celebration of student sporting achievements throughout the year. The following accolades will be recognised on the evening:

- House Carnival Age Champions
- Mt Maria College Representative Sport Lavalla Award Recipients and Most Valuable Players
- The QLD School Sport pathway Regional and State representative selections
- And our Major final awards – including the Sporting Excellence, BCE Spirit of Sport, and Sportspersons of the Year.



## Sportsman & Sportswoman of the Year

For major sporting awards, such as Sportsman and Sportswoman of the year award, specific set criteria are applied, and calculations are made, to determine the recipient of these awards. To do so, it is the responsibility of individual students to inform the Sports Program Leader of your club/external sporting commitments and achievements. The College takes no responsibility where a student (or family member) has failed to inform the Sports Department of representative honours and is not included in the final calculations of major awards or representative recognition awards. The College will utilise information it has on file to be able to calculate and determine the recipients of these awards – points allocated to students based on their participation and achievements within School Sporting environments only.

## CONTACTS & INFORMATION



# Mt Maria College

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**Mt Maria College Website**

<http://www.mtmaria.qld.edu.au/>

**Mt Maria College Facebook**

<https://www.facebook.com/MtMariaCollege>

**Mt Maria College Instagram**



Email: [secasport@bne.catholic.edu.au](mailto:secasport@bne.catholic.edu.au)

Facebook: <https://www.facebook.com/SECA-Sport-956459471220083/>

Website: <https://www.secasport.com.au/>

## Code of Conduct

Representing Mt Maria College in any sport is a privilege. Considering this, the importance of adhering to a Code of Conduct ensures that players, coaches and officials are able to perform their tasks to the best of their ability, unhindered by inappropriate conduct.

The following Code of Conduct highlights the level of expected behaviour of players when participating in sport at Mt Maria College, whether that be training or in competition. Consequences for not honouring this code of conduct are listed below. Please ensure that you have read and understand this code prior to participating in training and competitions. For further information please contact Kyle Donaldson (Mt Maria College Sports Coordinator).

### Student Expectations

- ☐ Exhibit behaviour within the school community **prior** to representation that signifies a capacity to represent Mt Maria College to an acceptable standard as a member of a team. Students who fail to demonstrate these capacities may be **withdrawn from a school team**.
- ☐ School behaviour and commitment to studies will be of an acceptable standard, otherwise a student may not be allowed to represent the College in co-curricular activities. This decision could be made at any time leading up to or during a sporting competition.
- ☐ Be on time to all training sessions and notify the coach if you are unable to make it. You may be required to provide a note from your parent or guardian explaining why you could not attend training.
- ☐ Follow all directions of the coach (including playing to the team structures) as stipulated by the coach.
- ☐ Show respect for yourself, your teammates, officials, your opponents, and their abilities.
- ☐ Never argue with or question the Referee's decision.
- ☐ Control your temper – no criticism by word or gesture
- ☐ Compete by the competition conditions and rules.
- ☐ Be a good sport. Encourage and support your own team members.
- ☐ Work equally hard for yourself and your team
- ☐ Behave in a manner that respects the rights of others regardless of mediums of communication used e.g. digital mediums such as Twitter, Facebook, email and texts.
- ☐ Wear the official team uniform at all times, including purchasing items if needed, as directed by team coach/school.
- ☐ Stay in the designated team area and support other team members during times when you are not competing.
- ☐ **No swearing** on and off the field.
- ☐ Ultimately, take responsibility for your own behaviour and performance.

### Breach Consequences

Team coaches will deal immediately with any breaches of this code by imposing appropriate consequences. Some of these may include:

- Verbal warning to student identifying breaches of the code
- Formal meeting with coach and Sports Coordinator
- Notification to parents
- Removal from the team
- Suspension from all school and representative sport

### Additional Supporters Information

Please note, all Mt Maria supporters, including family members (not limited to parents/guardians), friends and student supporters are expected to conduct themselves in a manner which reflects the values, beliefs and expectations of Mt Maria College. This will also include **respecting the decisions made by the coaching team in relation to team selections and utilisation of players on the court/field**.

Identified breaches will be reported to the College Principal and supporters may be banned from attending Mt Maria College sporting events, including the College Sports Awards evening.